

## Usui Reiki Master/Teacher Online Course Outline

### Week 1

Teaching (Zoom Call): Reiki & the Importance of Ethics, Responsibilities, Boundaries & Contracts, Insurance & Licenses

### Week 2

Teaching (Zoom Call): New Clients, Admin, Before & After Care for Healing Clients

- PDF: New Client Forms
- PDF: Client Forms for Healing Session Notes & Feedback

### Week 3

Teaching (Zoom Call): Reiki for Self-Healing & Rainbow Reiki

- PDF: Colours, Chakras, Correspondences & Application of Rainbow Reiki
- PDF: The Reiki Symbols
- Homework: Practice drawing them & memorise!!!

### Week 4

Teaching (Zoom Call): Teaching Levels 1 & 2

- PDF: Structure & Details
- PDF: Hand Positions

### Week 5

Teaching (Zoom Call): Level 3a & 3

- PDF: Structure & Details

## Week 6

### Zoom Call: Q&A

- (PDF if anything comes up that needs clarification/written notes)

## Week 7

### Zoom Call: Reiki Meditation & Energy Imprint

- MP3 Recording of the Meditation & Imprint
- Homework: Creative Exercise, post picture in the course area

## Week 8

### Teaching (Zoom Call): Healing Attunement

- When to give a healing attunement
- Going through the steps
- PDF: The Healing Attunement
- Homework: Practice!!!

## Week 9

### Reiki Practitioner Attunement (Levels 1 & 2)

- PDF: Attunements for Level 1 & 2
- Homework: Practice!!!

## Week 10

### Reiki Master/Teacher Attunement (Levels 3a & 3)

- PDF: Attunements for Level 3a & 3
- Homework: practice!!!
- Homework: send any questions to me, so we can discuss them during the call

## Week 11

### Zoom Call: Q&A

- (PDF if anything comes up that needs clarification/written notes)
- PDF: How to Prepare for Your Master/Teacher Attunement
- Homework: prepare yourself!!!

## Week 12

### Individual Attunement for Students (Zoom Call Before & After)

- PDF/Pics: Certificates

## Week 13

### Zoom Call: Celebration Hangout, Sharing Experiences

- Email: link to anonymous feedback-form about the course