

The Foundations of Tarot

Week 1

Teaching (Zoom Call): The Structure of Tarot, The Rider Waite Smith deck & others

- PDF: The Structure of Tarot

Week 2

Teaching (Zoom Call): Archetypes, Jung, the Divine Feminine & Your Intuition

- PDF: Archetypes, Jung & the Divine Feminine
- Homework: Exercises for Intuition

Week 3

Teaching (Zoom Call): Ethics, Boundaries, Disclaimers & Your Niche

- PDF: Journalling Prompts
- Homework: PDF

Week 4

Teaching (Zoom Call): The Major Arcana, A Heroine's Journey

MP3: Tarot Meditation – The Fool

Week 5

Teaching (Zoom Call): The Major Arcana Cards

- PDF: Major Arcana Cheat Sheet
- PDF: Colouring Pictures
- Homework: PDFs

Week 6

Teaching (Zoom Call): The Four Elements, Astrological Principles and The Tree of Life

- PDF
- Homework: PDF

Week 7

Teaching (Zoom Call): The Minor Arcana - Numerology & Pip Cards

- PDF

Week 8

Teaching (Zoom Call): The Minor Arcana – Court Cards

- PDF
- Homework: Who is it?

Week 9

Teaching (Zoom Call): The Suit of Swords

- PDF: Cheat Sheet & Journalling Prompts

Week 10

Teaching (Zoom Call): The Suit of Wands

- PDF: Cheat Sheet & Journalling Prompts

Week 11

Teaching (Zoom Call): The Suit of Cups

- PDF: Cheat Sheet & Journalling Prompts

Week 12

Teaching (Zoom Call): The Suit of Pentacles

- PDF: Cheat Sheet & Journalling Prompts
- Homework: Set up your space for our final call: a candle, any crystals or other things you want to keep nearby during meditation bring drink(s) and snacks for the celebration

Week 13

Teaching (Zoom Call): Q&A, Exercise, Tarot Meditation & Celebration

- MP3: Tarot Meditation – The Magician
- PDF with any points that were still open if needed